



## About Us

Ashley Gardens is a large, sunny, spacious care home in Eastbourne's popular seaside area. We can meet the needs of the elderly and those suffering from dementia.

Ashley Gardens offers first-rate accommodations and a variety of bedrooms ranging from luxury single rooms to deluxe en-suite rooms. We can also provide double suites for couples or groups of friends who wish to share. We encourage our clients to personalize their bedrooms as much as possible in order to create a comfortable, comforting environment.

Ashley Gardens is surrounded by lovely gardens on all sides and in the back. To avoid trips and falls, all gardens are flat. Garden furniture is available for our clients to enjoy when the weather is pleasant.

## Ashley Gardens Care Home

### Our Core Values

- Privacy
- Choice
- Security
- Dignity
- Fulfilment
- Independence
- Respect
- Equality
- Rights Involvement



You know you are in safe hands



### CONTACT US



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## Overview of our Services

Ashley Gardens has a specialized area dedicated to the needs of older people experiencing memory problems due to Dementia. Our Activities Coordinator uses Reminiscence programmes and games to enrich lives and stimulate conversation topics.

We take pride in providing activities and social stimulation to clients in our care, and we have frequent outings and entertainers who come to the home to provide live music, quizzes, comedy, and so on.

Please feel free to drop by Ashley Gardens; we have open visiting hours with no need for an appointment; if you would like to make an appointment, please use the contact information.

Inspected and rated

Good



Concerns or Questions?

Just Ask 01323 411466 

